Monday
MUSICAL MONDAY

Supplies
- Home Connection - send article home
- Look, Listen, Learn “We are Power Rangers”
- Dress up clothes for superheroes and fairy tale characters
- Popsicles sticks
- Construction paper
- Paint

Week of the Young Child

Superhero Monday

Education
NAEYC article - Look, Listen, Learn “We are Power Rangers”
https://www.naeyc.org/resources/pubs/tyc/dec2019/childrens-dramatic-play

Activities
Dress as your favorite Superhero or Fairytale characters

Make popsicle stick superheroes:

Enjoy a dance party with fun superhero songs:
Let’s be Superhero’s by Bounce Patrol
https://www.youtube.com/watch?v=Py4fhsx3Ct4

Be A Superhero by Jack Hartman
https://www.youtube.com/watch?v=zcEa5TvqGK0

Three Little Pigs Blues by Greg and Steve
https://www.youtube.com/watch?v=Bfk16NPIfdI

Read books about superheroes and fairytales:
Super Manny Stands Up by Kelly DiPucchio
https://www.youtube.com/watch?v=WyzHDKa0a3M

Invite real life heroes to come visit like police officers or firefighters.
**Supplies**
- Home Connection - send article home Baking Math for Families
- Carnival dramatic play items
- Face paint ingredients
- Paint brushes and bowls
- Large cardboard boxes and beanbags
- Paint
- Ingredients for selected carnival tasty treat
- Carnival music

**Education**
Baking Math for Families and Young Children  
https://www.naeyc.org/resources/blog/baking-math

**Activity**
Dress in Carnival Clothes (ringmaster, elephant, lion, clown)  
Collect items for children to dress up in dramatic play center

Read books about the carnival - Bisas Carnival by Joana Pastro  
https://www.youtube.com/watch?v=B4fy8zQ1frg

Face Painting
Ingredients: cornstarch, flour, lotion, vegetable oil, food coloring, spoon, bowl  
Directions: Add water, cornstarch, flour and lotion to a bowl. Mix together ingredients and make sure the paint consistency is to your liking. If you want to thicken, add more cornstarch to thin out the mixture, add water. Add food coloring. Store in an airtight container.

Bean Bag Toss: use a cardboard box, cut some holes and paint if you choose.  
If you don’t have any bean bags, make some with socks and pinto beans or rice.

Cook Tasty Carnival treats: corny dogs, candy apples  
(https://www.cookingclarified.com/2015/10/candy-coated-caramel-apple-slices/),  
snow cones, soft pretzels, walking tacos  
(https://www.tasteofhome.com/recipes/walking-tacos/), cotton candy, fresh-squeezed lemonade

Have a parade!  
Play carnival music as you march.
Wednesday  
WORK TOGETHER WEDNESDAY

**Supplies**

- Home Connection - send article home I Need to Make it Taller
- Games: yarn, chalk, playground ball
- Obstacle course materials
- Scavenger hunt sheet
- Wind exploration: construction paper, scissors, tape, items to tape to strips (crayon, feather, paper clip, clothespin, q-tip), small fan

---

**Week of the Young Child**

**Group Game Day**

**A Day with Games**

When children work together they experience teamwork and develop their social and early literacy skills. Grab some materials and create.


Sign the pledge “WE’RE ALL IN”

---

**Education**

I Need to Make it Taller: Engineering to Solve Wind Challenges in Preschool  
[https://www.naeyc.org/resources/pubs/tyc/winter2023/engineering-solve-challenges](https://www.naeyc.org/resources/pubs/tyc/winter2023/engineering-solve-challenges)

---

**Activity**

Read books about working together
Stick and Stone by Beth Ferry - [https://www.youtube.com/watch?v=XTYfji4YIS0](https://www.youtube.com/watch?v=XTYfji4YIS0)
Better Together by Amy Robach and Andrew Shue - [https://www.youtube.com/watch?v=W9Etk6RiGEI](https://www.youtube.com/watch?v=W9Etk6RiGEI)

Play Cooperative Games
Cooperative Hoops: lay down hoop, yarn circle or draw chalk circle for each child, on signal children move around avoiding designated circles, on signal children must quickly get back into a circle

Over/Under Pass: line children up, have them take turns passing a playground ball over their head then under in between their legs, once the ball is at the end of the line that child runs to the front and starts over.
Activity (continued)
Whole Stole the Cookie from the Cookie Jar -
   Accuser: (name of a child) stole/took the cookie/cookies from the cookie jar.
   Accused: Who, me?
   Accuser/Group: Yes, you!
   Accused: Not me!
   Accuser/Group: Then who?
   This is followed by the "accused" saying the name of someone else

Telephone
I Spy
Simon Says
Red Light Green Light

Note: When playing games like Simon Says and Red Light Green Light children do not need to be ‘OUT,’ they can just start over and try again.

Obstacle course: the sky’s the limit for creating an obstacle course!
   Simple Ideas:
      Balance beam
      Hula hoop hop
      Ball toss
      Tunnel crawling
      Weave through cones
      Scooters/Trikes

Color Scavenger hunt -
   Divide into teams and provide a paper with several different colored squares
   Invite the children to explore and collect items of their choice for each color
   Once each team is done invite them to share their color hunt with each other
   Wind exploration: Explore material, Create and test design, and Discuss
   https://preschooltoolkit.com/blog/observing-the-strength-of-the-wind-science-for-kids/

Directions:
   Cut strips of construction paper and tape hanging loosely from a table
   Tape items on the bottom of each strip (crayon, feather, paper clip, clothespin, q-tip)
   Leave one strip empty
   Predict which items the wind will easily move
   Turn on fan
   Increase and decrease as preferred and observe
   Discuss which are too heavy
   Sort items according to weight
Messy Thursday

Children develop creativity, social skills, and fine muscles with open-ended art projects that let them make choices, use their imaginations, and create with their hands.

**Education**

Message in a Backpack™ Encouraging Process Art at Home: Reaping the Benefits of Joy and Making
https://www.naeyc.org/resources/pubs/tyc/winter2023/art-at-home

**Activity**

Read books about enjoying the art process:

Feet and Finger Painting

Fizzing Foaming Paint: food coloring, vinegar, baking soda

Paper Mache: equal parts school glue and flour

Confetti Collage: tiny pieces of paper, glue on paper, throw and see what sticks!

Colored Water Bottle painting: add food coloring to spray bottle, hang paper outside, spray away!
Family Friday focuses on engaging families to support our youngest learners. Parents and families are children’s first teachers.

**Education**
Message in a Backpack Encouraging Your Child Through Risks During Play
https://www.naeyc.org/resources/pubs/tyc/fall2021/message-backpack-risks-during-play

**Activities**
- Have children walk backwards
- Have breakfast for lunch!
- Wack speak: “no means yes” or “goodbye means hello”
- Turn classroom items upside down: class rules, clock, whatever!
- Upside down art
- Tape paper under tables
- Have children lay on backs under tables and draw pictures
- Read a book backwards

Read books celebrating being Wacky!
- Silly Sally by Audrey Wood - https://www.youtube.com/watch?v=js1FWVLOZNo
- When I grow up by Weird Al - https://www.youtube.com/watch?v=CEmTM9t9ujI

TECFA
CHAMPIONS FOR CHILDREN